

2019	Aurora Mustangs	Rich Liotta	MVP - Matt Ryan
2018	St. Charles Chargers	John Clingan	MVP - Shaquil Barrett
2017	Aurora Mustangs	Rich Liotta	MVP - Danny Woodhead
2016	Twin Cities	Guy Williams	MVP - Antonio Brown
2015	Charleswood Patriots	Jason Findlay	MVP - Lamar Miller
2014	Aurora Mustangs	Rich Liotta	MVP - Brandon Boykin
2013	Charleswood Patriots	Jason Findlay	MVP - Jacoby Jones
2012	Markham North Stars	Darrin Jones	MVP - Eli Manning
2011	Los Angeles Knights	Jeff Dohrn	MVP - Josh Freeman
2010	Pickering Spartans	Gus Konstantakos	MVP - Chris Johnson
2009	Florida Dragons	Jim Heaton	MVP - DeAngelo Williams
2008	Florida Dragons	Jim Heaton	MVP - Will Witherspoon
2007	Chino Convicts	Rob Nazar	MVP - LaDainian Tomlinson